

Tis the Season to check out

## CBII Books

Greetings,

Chinese Boxing Institute International starting printing books back in 1988. After many years the books became only available in pdf form or Ebook form.

In the past two years we have come out with three books. They are all available in Ebook or PDF form and physical copies as well.

The Paperback version of *Truth in Combat and Life*, *Kai Sai Energy Boxing* and *Chen Tai Chi Chuan* are available. *Truth in Combat and Life* and *Kai Sai Energy Boxing* are 6x9 books with over 200 pages in each. *Truth in Combat and Life* is the easiest read as it is a story of a martial art journey. *Kai Sai Energy Boxing* is a technical Chinese Boxing geek book.

*Chen Tai Chi Chuan* is a large 8.5 X 11 with many photos and technical righting describing the basics of Tai Chi Chuan and the Chen major form Laojia Yilu. Then Chen Tai Chi book is available in Black and White, Color Paperback and Color Hardback. The hard back is more expensive but is definitely the nicest book. The Color paperback is quite a bit better than the black and white paperback.

If you are local in South Florida the books are cheaper than listed as the listings online include shipping and handling. When shipped, they are sent USPS Ground Advantage. All the books can be accessed on the Chineseboxing.com website in the store. The link to all the books is <https://www.chineseboxing.com/store/books> If you can pick up the book directly from me, contact me rather than order online. If you want the link to order online, there is a link below directly to order each product.

**Chinese Boxing Synthesis PDF book** - <https://www.chineseboxing.com/store/p/chinese-boxing-synthesis>

**The Boxing PDF book** - <https://www.chineseboxing.com/store/p/the-boxing>

**Walu - the Bridge Art PDF**- <https://www.chineseboxing.com/store/p/9zz5v433u7pgj2cymk08iaeqkppvrr>

**Truth in Combat and Life Ebook** - <https://www.chineseboxing.com/store/p/truth-in-combat-and-life>

**Truth in Combat and Life Paperback** - <https://www.chineseboxing.com/store/p/truth-in-combat-and-life-1>

**Kai Sai Energy Boxing - Ebook** - <https://www.chineseboxing.com/store/p/kai-sai-energy-boxing>

**Kai Sai Energy Boxing - Paperback** - <https://www.chineseboxing.com/store/p/kai-sai-energy-boxing-paperback>

**Chen Tai Chi Chuan PDF Book** - <https://www.chineseboxing.com/store/p/chen-tai-chi-chuan>

**Chen Tai Chi Chuan Paperback B&W** - <https://www.chineseboxing.com/store/p/vefe3ciixaju9yr7xpyffik1pgru76>

**Chen Tai Chi Chuan Paperback Color**-<https://www.chineseboxing.com/store/p/chen-tai-chi-chuan-color-paperback>

**Chen Tai Chi Chuan Hardback Color** - <https://www.chineseboxing.com/store/p/chen-tai-chi-chuan-1>

Those that want to order by mail soon, I can get it to the post office up to Dec 23. After that I probably will not mail it as I will be out of town after the week after Christmas through Jan 1. Best wishes!

## Ebooks or PDF Files

**Chinese Boxing Core Synthesis** - J Cravens - Chinese Boxing Core Curriculum - 16 Boards - Full details and photographs - **Price - \$27**

**"The Boxing"** C Casey - Three of Casey's writings include Mind Hit Boxing, Aphoristic Principles of Jeet Kune Do, and Koushu Mind and Body Discipline plus extra chapter by James Cravens.  
**Price \$23**

**Walu "the bridge art"** J Cravens - details of Walu Curriculum including Exercises, Forms, Techniques and Principles **Price - \$24**

**Truth in Combat and Life** - J Cravens - the history of J Cravens martial art journey.  
**Price \$23.99**

**Kai Sai Energy Boxing - "Theory, Principles, Encounter"** - J Cravens - A Technical book about how Chinese Boxing works in a fight when practiced.  
**Price - \$23.99**

**Chen Tai Chi Chuan** - Beneath the Poetry and Politics - J Cravens - Large book about the basics and principles of Tai Chi Chuan with details on the major Chen family form Called Laojia Yilu. **Price \$32**

## Paperback Books

**Truth in Combat and Life** - J Cravens - the history of J Cravens martial art journey  
**Price \$34** - includes shipping

**Kai Sai Energy Boxing -Theory - Principles - Encounter** - J Cravens - - A Technical book about how Chinese Boxing works in a fight when practiced.  
**Price \$34** - Includes shipping.

**Chen Tai Chi Chuan - "Beneath the Poetry and Politics"** - Black and White -J Cravens Large book about the basics and principles of Tai Chi Chuan with details on the major Chen family form Called Laojia Yilu.  
**Price \$39** - includes shipping/handling

**Chen Tai Chi Chuan - "Beneath the Poetry and Politics"** Color - Large book about the basics and principles of Tai Chi Chuan with details on the major Chen family form Called Laojia Yilu. -  
**Price \$49** - includes shipping/handling

## Hardback Book

**Chen Tai Chi Chuan - "Beneath the Poetry and Politics"** Color Hardback - Large book about the basics and principles of Tai Chi Chuan with details on the major Chen family form Called Laojia Yilu.  
**Price \$64**- Includes shipping/handling

